



## Epilepsy and Seizure Association of Manitoba

4 – 1805 Main Street, Winnipeg, MB, R2V 2A2 Phone (204) 783-0466 Fax (204) 784-9689  
Email [epilepsy.seizures@gmail.com](mailto:epilepsy.seizures@gmail.com)  
[www.manitobaepilepsy.org](http://www.manitobaepilepsy.org)



**MARCH 26TH IS  
PURPLE DAY FOR EPILEPSY  
AND WE WANT YOUR CENTRE  
TO BE A PART OF IT!**

Join with preschools, kindergarten classes and child care centres across the province in the



## Purple Day Bunny Hop!

to support epilepsy and seizure awareness in  
**Manitoba.**

**Purple Day** was an idea that began with Cassidy, a little nine years old girl in Nova Scotia who has epilepsy. She decided that there should be one special day each year so that kids (and grown-ups) with seizures wouldn't feel so alone. Since then, her idea has grown world-wide and on March 26<sup>th</sup>, people all over the globe will be holding special events and wearing purple to show they care.

Cassidy is making a difference, and we know that the kids of Manitoba can too. So, we're holding the province-wide **Purple Day Bunny Hop** to show just how much even little kids can do!



## HOW IT WORKS...

Complete the form and return it to us to register your group by **March 5, 2023** and we will send you a **Purple Day Bunny Hop** Kit, containing Purple Day Awareness bracelets, sponsor sheets (for those fundraising), colouring sheets, a book titled "Zeeba and the Seizure" by Michaela Barnes and all the details on holding your Bunny Hop. Make sure you register by the deadline so that we can get your kit to you in plenty of time.

Prior to Purple Day, participants can ask friends, family, and other community minded people to sponsor them in their Bunny Hop for Epilepsy.

Then, either before or on Purple Day, have everyone wear purple, and set aside a little time to **Bunny Hop for Epilepsy**. One in every one hundred people will develop epilepsy, so we are suggesting that participants do one hundred hops, either all at once, or over the course of the whole day. However, feel free to modify this number to accommodate your specific group.

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For the **Purple Day Bunny Hop**  
2023, we are giving away **4 gift card prizes** to the  
**groups that raise the highest amount in sponsorships!**  
(2X 200\$ and 2X 100\$ -Retailer to be chosen by the winners)

**All registrations are entered in a random draw to win a gift card to the retailer of your choice!**  
(Three draws- Value \$50 each!)

**Complete and return the information below to register your group today!**

**This information allows us to assemble and deliver your Bunny Hop Kit and provide contact information for the prize winners.**

## GROUP INFORMATION

School/Class/Group			Contact		
Address			Telephone		
City/Town		Postal Code	Email		
# of students total		# of school age?	# of teachers		
Fundraising -- Y/N			French materials – Y/N		
Special requests:					

**Return this information to:**

**Epilepsy and Seizure Association of Manitoba**

4 – 1805 Main Street, Winnipeg, MB, R2V 2A2

Phone: (204)783-0466 or Fax: (204)784-9689

Email: epilepsy.seizures@gmail.com

To find out more about **Epilepsy** / **Seizures** and **Purple Day**,  
go to [www.manitobaepilepsy.org](http://www.manitobaepilepsy.org), <http://www.purpleday.org/>

**REGISTER TODAY!**  
**JOIN US FOR THE PURPLE DAY BUNNY HOP!**

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