

May 2023



# News from

# E S A M

EPILEPSY AND SEIZURE ASSOCIATION OF MANITOBA

# EPILEPSY EDUCATOR

Support Epilepsy Care in Manitoba  
[www.manitobaepilepsy.org](http://www.manitobaepilepsy.org)

Epilepsy and Seizure Association of Manitoba

Pictures provided by the children at South Park Child Care Co-Op



Hop on in to our newsletter to see all things Purple Day! We are so very grateful for the support we received for Purple Day 2023!

For the month of March 2023, Winnipeg Transit displayed an epilepsy awareness message on the outside and inside of one of their buses.

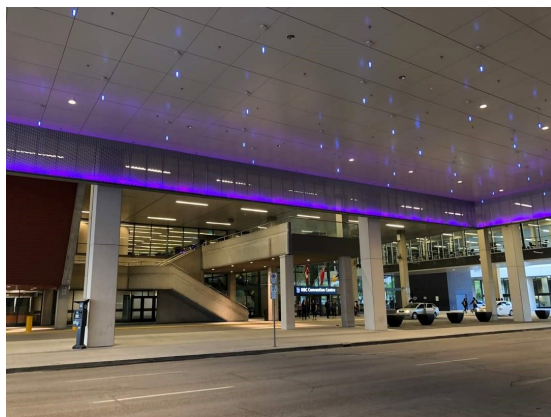
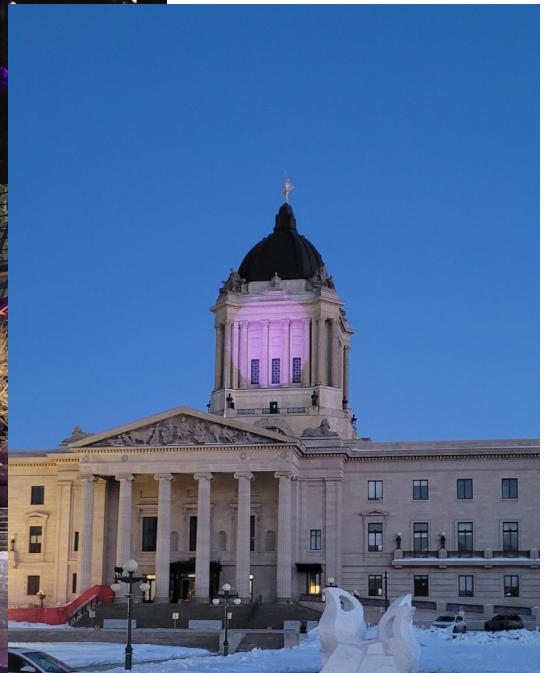
Have a look inside to see the many ways we celebrated Purple Day this year!

# Purple Day Support in Manitoba



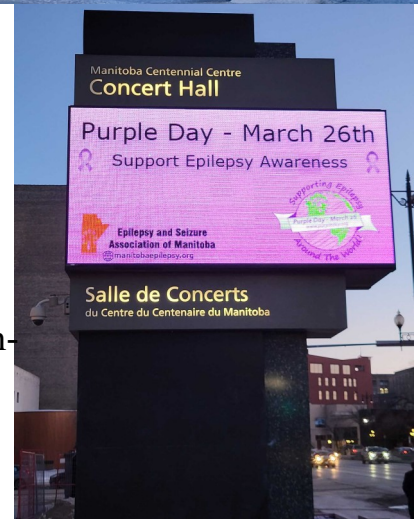
The Riel Esplanade Bridge lit up purple

City of Winnipeg Sign at the Forks  
Purple light on the Rotunda at the Manitoba Legislature



Walkway at RBC Convention Centre

Digital Sign outside Centennial Concert Hall



# Purple Day Support in Manitoba

**Dakota Community Centre** 10h · 🌐

March 26th is Purple Day - an epilepsy awareness campaign. On this day, show your support by wearing purple. The day'... See more



**City of Portage la Prairie - Municipal Government** · Follow 6h · 🌐

This weekend, the Island Park Causeway will be lit in purple in recognition of Epilepsy Awareness Day. Celebrated annually on March 26th, Epilepsy Awareness Day, or Purple Day, was created to increase the public's understanding of this brain disorder and to eliminate the fear and stigma surrounding it. For more information visit [Epilepsy and Seizure Association of Manitoba](http://Epilepsy and Seizure Association of Manitoba) or <https://www.manitobaepilepsy.org/>

The City of Portage La Prairie lit up the Island Park Causeway purple and shared a message on their social media.

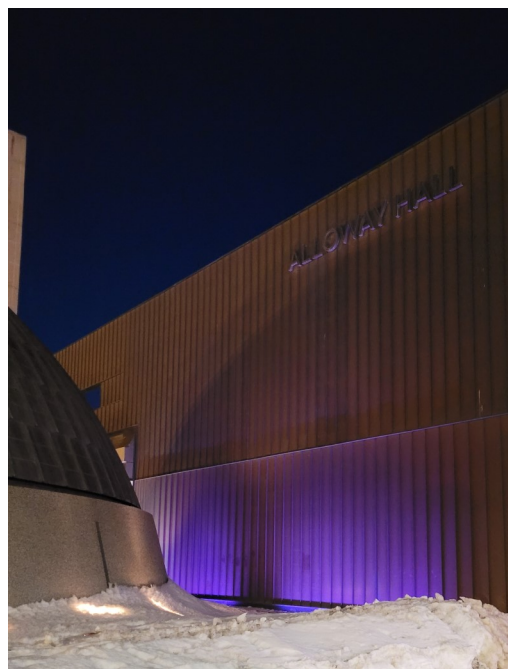
Hopefully next year we will be able to get pictures of the Causeway!



The Brandon Sportsplex posted a Purple Day message and put up posters around their facility.



Dakota Community Centre displayed a Purple Day message on their digital sign outside the facility. They also posted a Purple Day message on their social media.



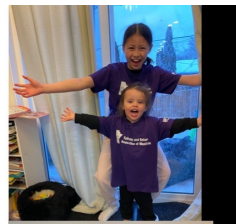
Centennial Concert Hall made Purple Day bracelets and epilepsy information available to all patrons attending on March 26th!

Alloway Hall at the Manitoba Museum was lit up purple on March 26th!

# Purple Day 2023



**WELCOME TO  
OUR MARCH  
FAMILY EPILEPSY  
AWARENESS  
PARTY**



A big thank you to everyone who sent in pictures showing support for Purple Day!

We love to see your pictures!



# Purple Day Voice Campaign

In our last newsletter, we asked if people would like to lend their voice, share their experiences with epilepsy/seizure disorder. Thank you to Carol, Tom, Kevin and Chris for sharing with us.



## Carol

Carol is a happy warrior survivor. He has survived neonatal pneumonia, global development delay, an accident causing epilepsy and a month long stay in hospital with AH1 virus.

All of this has not stopped our dear warrior to fight with a happy heart and contagious laughter everyday.

Carol loves music and Disney Movies. It is an honor to be his Mom and his Papa is so proud.



## Tom

Tom has had absence seizures all his life. He gets tonic clonic seizures when his seizures won't stop. In 2019 Tom had a VNS machine placed in his left chest to lower the number of daily seizures. Tom loves to meet his friends for lunch on Friday at St. Vital Mall. He loves making and painting crafts with his staff. We are so proud of Tom!



## KEVIN

I was bullied when I was growing up. In high school most students were kind. I like putting large jigsaw puzzle's together . My interests include reading bios of famous people & events.

Epilepsy is a part of me but I don't let it control my life.

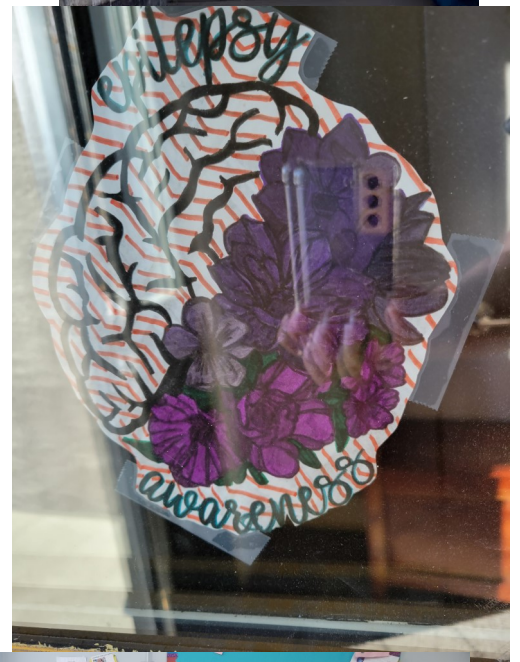
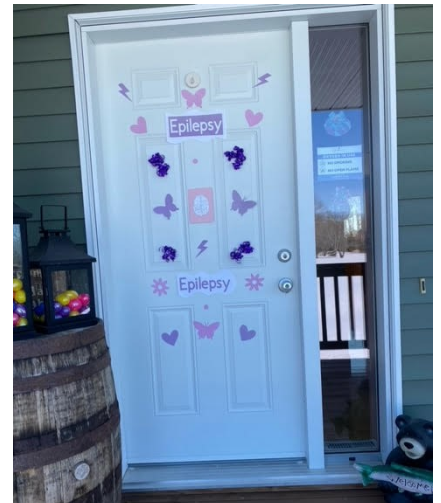


## Chris



I have battled epilepsy my entire life. I have suffered from simple partial, complex partial and tonic clonic seizures. At this time I am 5 years seizure free. Take things one day at a time. Look ahead and focus on managing your epilepsy going forward.

# Purple Day Window/Door Art Contest 2023



So many wonderful entries for the Purple Day Window/Door Art Contest!

Thank you to everyone who participated and helped support epilepsy awareness with your Purple Day art!



# Purple Day Window Door/Art Contest 2023



## Purple Day Bunny Hop 2023

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In 2023, we had a record number of 53 groups across Manitoba sign up to participate in the Purple Day Bunny Hop! Nearly 2500 people enrolled to learn about epilepsy and hop in support of epilepsy awareness!

From the bottom of our hearts, we cannot thank you all enough for helping to raise awareness of epilepsy and Purple Day.

## Happy Administrative Professionals Day, Laura!

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Administrative Professionals Day was in April, but we're going to brag about Laura now, too.

All of the wonderful events that you've read about for Purple Day wouldn't have been possible without our amazing administrative support staff, Laura.

We would like to take a moment to recognize Laura for all of the amazing things she does for ESAM.

She is creative, innovative, dedicated, empathetic, friendly, and a truly kind human being.

We are privileged to have you working with us, Laura. From all of us at ESAM, thank you for everything you do.





## Mitacs Accelerate Program

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ESAM was privileged to partner with the University of Manitoba and Mitacs for the Accelerate Program.

We were fortunate to have the University of Manitoba student work with us for the month of March 2023. The student imagined, designed, and completed social media postings for every week day for the month!

From the Mitacs student,

“Thank you to Mitacs, the University of Manitoba, and ESAM for the opportunity to work with you all.”

We very much enjoyed working with the Mitacs student and found it incredibly beneficial to have someone helping with the social media postings for the month. We think they did a phenomenal job creating eye catching graphics with relevant facts. We also love the graphic they created to say thank you!

## Thank you 4imprint.ca

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ESAM would like to thank 4imprint.ca for the grant awarded us through the One by One program for the Maurice Dumontier Memorial Golf Tournament.

With the grant, we were able to order logoed golf umbrellas to give out as prizes at our tournament!

**31st ANNUAL**

**MAURICE DUMONTIER  
MEMORIAL  
GOLF TOURNAMENT**

**WHEN?**

**JUNE 17 2023**  
10:30 FIRST TEE OFF  
FOLLOWED BY DINNER AND  
SILENT AUCTION

**WHERE?**

TRANSCONA GOLF CLUB  
2120 DUGALD ROAD

**\$140**  
PER PERSON

**TO REGISTER, CONTACT ESAM @  
204-783-0466  
esam@manitobaepilepsy.org**



**Epilepsy and Seizure  
Association of Manitoba**